



Effective Date: March 2025

2025 Communicable Disease Policy - Health & Safety Protocols and Response Plan

Your health and safety remain our top priority at Tara Mandala, Inc. (“Tara Mandala”, “we”, “our”). We appreciate your support in maintaining a healthy and vibrant retreat experience for everyone visiting Tara Mandala Retreat Center in Pagosa Springs, CO (“Retreat Center”) and participating in any of our hosted events, whether onsite or at an offsite location. Tara Mandala abides by all current health and safety regulations as set forth by the State of Colorado.

We implement common-sense measures to help mitigate the risk of transmission of communicable diseases such as flu, RSV, and Covid-19 and other illnesses. Masks and hand sanitizers are made available at various locations around the center and at our hosted events. We strongly encourage everyone to practice good hygiene, and hand washing protocols thoroughly and regularly.

In order to support the health of everyone at Tara Mandala, we request all guests and visitors to self-monitor their own physical health condition and take immediate, responsible action if experiencing symptoms of illness. Specifically:

- Before arriving at any in-person event, if you have been in close contact with someone experiencing Covid-19, flu, RSV, or other communicable disease, and if you are feeling unwell or have symptoms of illness, we ask that you refrain from visiting the Retreat Center. Please reach out to our Registrar for assistance at registrar@taramandala.org as soon as possible.
- If you are at Tara Mandala Retreat Center and feeling unwell, please alert the Retreat Manager immediately. Maintain physical distance from others and wear a mask when in close proximity or indoors. Please note, Covid-19 tests are available

Tara Mandala®

4000 USFS Rd. #649, Pagosa Springs, CO 81147 • PO Box 3040, Pagosa Springs, CO 81147
970-731-3711 • www.taramandala.org

upon request. The Retreat Center Director will work collaboratively with you to create a plan that supports you and addresses the illness appropriately, including seeking immediate medical attention if necessary and/or leaving the retreat.

- Our Retreat Center Director and/or Retreat Manager will check in with you to ensure your symptoms are abating or arrange transportation to a medical facility if additional support is needed. You must also keep our staff informed about your symptoms, especially if they worsen and you are in need of additional support.
- If you test positive for Covid-19, or come down with any communicable diseases (flu, RSV, colds) with active symptoms, you agree to consult with the Retreat Center Director and/or Retreat Manager to decide the best course of action, which may include leaving the Retreat Center or event, at the Retreat Center's sole discretion. The best decision for the health of all parties affected will be of the utmost consideration.
- If you are attending an offsite Tara Mandala hosted event and feeling unwell, please see the Event Coordinator to create a plan that supports you and addresses the illness appropriately, including seeking medical attention if necessary and/or leaving the retreat.

In the case where a Retreatant has symptoms of any communicable disease such as flu, or RSV, or tests positive for Covid-19 and the decision is to leave the Retreat Center or the retreat, please read our [Retreat Cancellation Policy](#) carefully to understand how Covid-19 and other communicable diseases may impact your cancellation and refund options.

It is our intention to be supportive in these instances of illness and we appreciate your cooperation, compassion, care, and understanding as we work to keep our community safe and healthy.