

## **Buddha Family Worksheet**

*Wisdom Rising Online Course*

1. Explore the **Buddha Family** in your life.
  - a. How do you see the **encumbered** pattern of Buddha showing up in your life?
    - i. In your family?
    - ii. Friends, neighbors, and/or coworkers?
    - iii. In our society and world? Famous people? Companies, organizations, corporations, and governments? Art, architecture, landscapes, geography?

b. How do you see the **wisdom** of Buddha Family showing up in your life?

i. In your family?

ii. Friends, neighbors, and/or coworkers?

iii. In our society and world? Famous people? Companies, organizations, corporations, and governments? Art, architecture, landscapes, geography?